

Pharma's expectations from FinnGen: Pfizer as an example

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Lääketieteellinen johtaja
Pfizer



Kehitys on vasta alkanut.

Why Pharma is interested in Human Genetics?



- Need to speed up the discovery of new drugs
- Need to mitigate the risk of late failures in drug development
- Getting insight into pathways underlying human disease
- Identifying potential new drug targets
- Getting information with human relevance in early-stage drug development
- Predicting efficacy and safety of modulating a selected therapeutic target before clinical trials



How Human Genetics can guide drug discovery?



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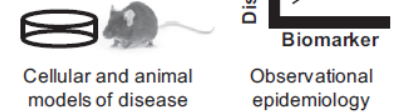
Leveraging human genetics to guide drug target discovery

Nathan O. Stitzel, MD, PhD^{a,b,c,*}, and Sekar Kathiresan, MD^{d,e,f,g,**}

A)

Traditional approach

1) Target identification



2) Assess relevance in humans



B)

Human genetics focused approach

1) Discover genes, biomarkers, and pathways with relevance to human disease



2) Explore mechanism using model systems



3) Human genetic studies to predict efficacy and safety of drugs targeting genes and/or pathways

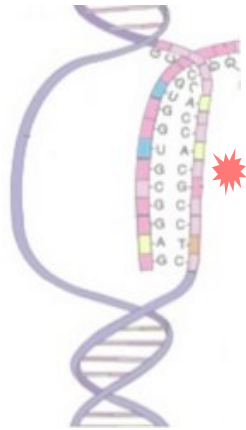


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Stitzel NO, Kathiresan S. Trends Cardiovasc Med. 2017; 27:352-9

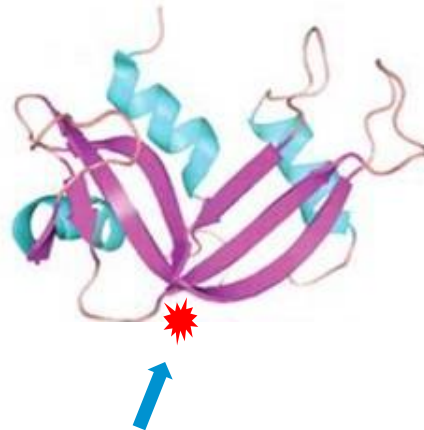
How Human Genetics can predict drug effects?

Genetic variant



E.g. Loss-of-function mutation

Protein



Potential drug target?
Develop an inhibitory drug



Health outcome



E.g. Protection against cardiovascular disease

Are there other clinical endpoints associated with the same genetic variant?

- Potential adverse drug reactions



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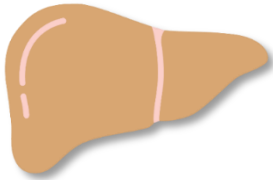
Example: Nonalcoholic Steatohepatitis



WHAT IS NASH?

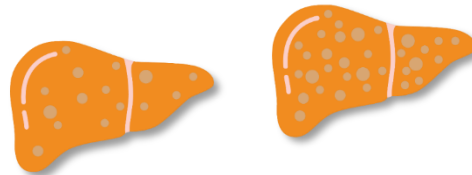
Nonalcoholic steatohepatitis (NASH) is a more serious form of non-alcoholic fatty liver disease (NAFLD) which is caused by excessive accumulation of fat in the liver. With NASH, the fatty liver leads to inflammation in the liver and liver injury.

Nonalcoholic
Fatty Liver
(NAFL)



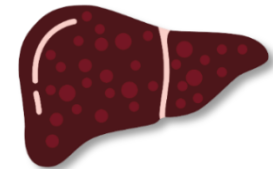
Fatty Liver Disease starts with a **build-up of fat in the liver**

Non-Alcoholic
Steatohepatitis
(NASH)



Some people with fatty liver develop NASH, a progressive condition, where a buildup of fat leads to inflammation and injury in the liver

Cirrhosis



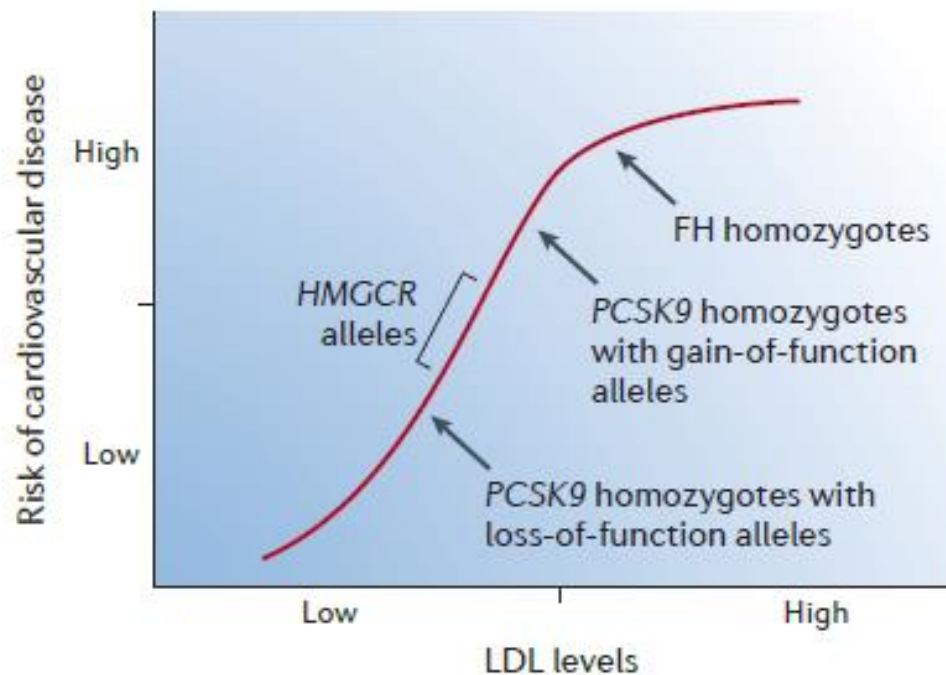
This can advance to **cirrhosis**, a serious condition that can entail permanent liver failure



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Validating therapeutic targets through human genetics

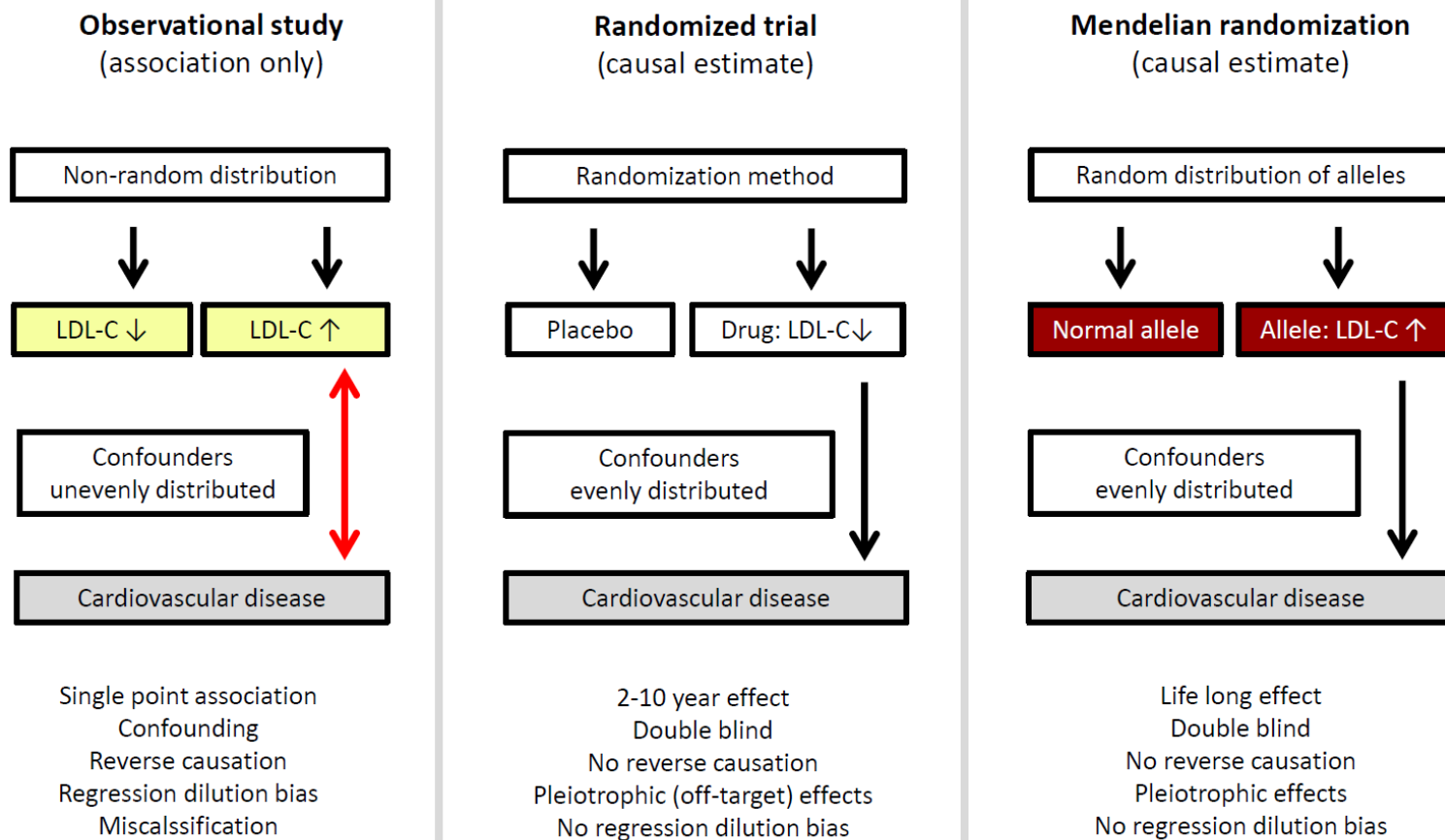
Robert M. Plenge^{1,2}, Edward M. Scolnick^{2,3} and David Altshuler^{2,4,5}



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VOLUME 12 | AUGUST 2013 | 581

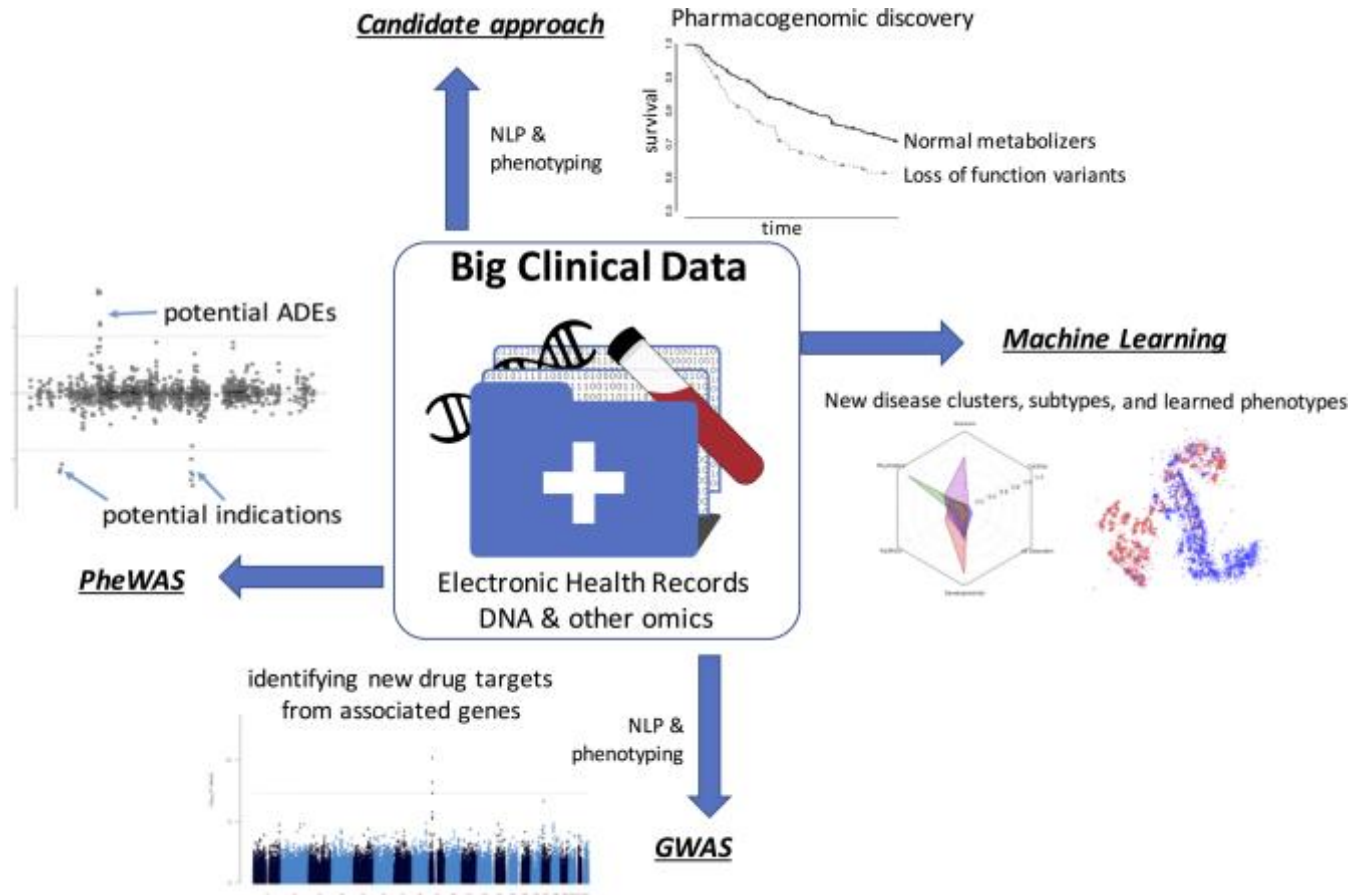
Comparison of observational studies, randomized trials, and Mendelian randomization studies to help understand causality from a risk factor



Kehitys on vasta alkanut.

Benn M, Nordestgaard BG. *Cardiovasc Res.* 2018 Feb 19. <https://doi.org/10.1093/cvr/cvy045>

The Influence of Big (Clinical) Data and Genomics on Precision Medicine and Drug Development



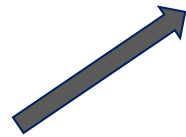
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Clinical Pharmacology & Therapeutics

Volume 103, Issue 3, pages 409-418, 5 FEB 2018 DOI: 10.1002/cpt.951

<http://onlinelibrary.wiley.com/doi/10.1002/cpt.951/full#cpt951-fig-0001>

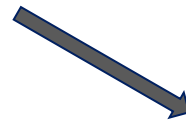
FinnGen benefits drug development, patients and healthcare



Investigational drugs developed against genetically characterized targets more likely to succeed in clinical trials




Patients participating in clinical trials more likely to benefit from the investigational drug



Genomic data generated is returned to the biobanks for the benefit of patients, personalized medicine and further research



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**Hekään eivät
syntyessään
tienneet mistä
kaikesta voivat
selvitä.**

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